

BEST WARRIOR COMPETITION 2009 Competitor Biography



Sgt. Lauren N. Aldaco U.S. Army Training and Doctrine Command Soldier of the Year

Current Unit of Assignment: 217th Military Police

Detachment, Fort Lee, Va.

Time in Service: 3 years

Sgt. Lauren N. Aldaco is currently assigned as a military police investigator with the 217th Military Police Detachment in Fort Lee, Va. She has completed Military Police One Station Unit Training at Fort Leonard Wood, Mo. Upon completion of training, she was assigned to the 557th Military Police Company at



Camp Humphreys, South Korea; while assigned, she served as a MK-19 and M-249 Gunner, a driver, and a military police patrolman.

From November 2007 through January 2008, she served as a member of the Special Reaction Team; she also served as a member of the Shooter Reaction Team. In August 2008, she attended Military Police Investigator Training at Fort Leonard Wood, Mo.

Aldaco's awards include the Army Commendation Medal; Army Achievement Medal; National Defense Service Medal; Global War on Terrorism Service Medal; Korean Defense Service Medal; Army Service Ribbon; Overseas Service Ribbon; and two Certificates of Achievement. Aldaco was selected to represent the 217th MP Detachment in the Fort Lee Army Garrison Soldier of the Year Competition.

Aldaco is currently enrolled at Central Texas College, with a concentration in criminal justice from East Los Angeles College, to pursue a bachelor's degree. She was born in Monterey Park, Calif.